

Locally Owned & Operated

- butcher shop quality meat
- friendly service
- full service deli, bakery & produce

see inside for **meat** sale!

always BEST MEAT in town FOR OVER 40 YEARS

2.79 lb
80% Lean Ground Beef
Sentry USDA Inspected
Sold in 3 lb packages
save up to .80 lb

THE LEANEST GROUND MEATS
ground several times daily

1.19 lb
Whole Chicken
USDA Inspected
save up to .80 lb

BEST PICKED PRODUCE

1.99
Red Delicious Apples
3 lb bag, Michigan
save up to 2.00

Betty Crocker Helpers
4.3-12.2 oz box, Hamburger, Chicken or Tuna
save up to 10.00 on 10

10/10
OR 1.00 ea

Sentry

USE ONE OR ALL SUPER COUPONS
WITH SEPARATE \$10 PURCHASE

SUPER COUPON Effective January 16 - January 22, 2014
PLU 1866

5.99 lb
Trimmed Whole or Half Beef Tenderloin
USDA Inspected Sentry

WITH SEPARATE \$10 PURCHASE

Sentry Limit 2 pkgs with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

SUPER COUPON Effective January 16 - January 22, 2014
PLU 1867

1.99 lb
Center Cut Stuffed or Regular Rib Pork Chops
Sentry Tender and Juicy
USDA Inspected

WITH SEPARATE \$10 PURCHASE

Sentry Limit 2 pkgs with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

SUPER COUPON Effective January 16 - January 22, 2014
PLU 1868

2.99
Blueberries
pint, Sweet & Tangy
NEW CROP

WITH SEPARATE \$10 PURCHASE

Sentry Limit 2 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

SUPER COUPON Effective January 16 - January 22, 2014
PLU 1869

5.99
Clementine Seedless Tangerines
5 lb box

WITH SEPARATE \$10 PURCHASE

Sentry Limit 1 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

USE ONE OR ALL SUPER COUPONS
WITH SEPARATE \$10 PURCHASE

Miller Lite, MGD or Miller 64
24 pk, 12 oz cans or bottles

16.99

for people who know... **meat!** product of U.S.A.

Southern Style Pork Ribs
Sentry Tender and Juicy
USDA Inspected
save up to 100 lb

219
lb

Cooks or Sugardale Ham Portions
save up to 50 lb

119
lb

Angus Beef Boneless Sirloin Tip Steak or Roast
Sentry USDA Choice
save up to 120 lb

379
lb

BEST PICKED PRODUCE

Rio Star Red Grapefruit
5 lb bag, Texas Sweet & Tangy
save up to 100

399

Sweet & Tangy Florida Honey Tangerines or Extra Large Limes
save up to 58 ct 2

2/1
or 50¢ ea

Moro Blood Oranges
California
save up to 96 ct 4

4/3
or 75¢ ea

Meyer Lemons
1 lb pkg, California
save up to 200

199

Beef Tenderloin Steak
Sentry USDA Inspected

699
lb

Pork Sirloin End Roast
Sentry Tender and Juicy
USDA Inspected

219
lb

Veal Shoulder Blade Steaks or Roast
Sentry USDA Choice

499
lb

Whole Beef Tenderloins In Cry o Vac Package
Sentry USDA Inspected

499
lb

Homestyle Meat Loaf Mix
Fresh 85% Fine Ground Chuck

319
lb

Hormel Flavored Pork Roast
24 oz pkg, Selected Varieties

499

Bare Natural Boneless Chicken Breasts, Tenderloins or Thighs
14-20 oz pkg

2/7

Sugardale Hot Dogs
1 lb pkg

5/5

Cher-Make Ring Bologna
14 oz pkg, Selected Varieties

2/5

Jennie-O Turkey Pan Roast
32 oz pkg, Selected Varieties

2/7

Johnsonville Breakfast Sausage
12 oz pkg, Selected Varieties

2/6

Farmland Sliced Bacon
12-16 oz pkg, Selected Varieties

399

Curly's Barbecue Tubs
12-18 oz tub, Selected Varieties

499

Cello Red Radishes
1 lb pkg

99¢

Hampton In-Shell Peanuts
10 oz pkg, Salted or Roasted

99¢

Green Beans
Fresh

99¢
lb

Zucchini Squash

99¢
lb

Red, Yellow or Orange Bell Peppers
Greenhouse Grown

249
lb

Ambrosia Super Sweet Pink Lady or Jazz Apples
Sweet & Tangy

199
lb

Baby Bella Mushrooms
8 oz pkg, Whole or Sliced

199

Idaho Russet Potatoes
5 lb bag

199

Beefsteak Tomatoes
Greenhouse Grown

199
lb

for people who know... **seafood!**

Fresh Whole Baked Trout

699
lb

Fresh Ocean Perch Fillets

599
lb

Arctic Shores Breaded Butterflied Shrimp
9 oz pkg

499

Arctic Shores Breaded Fish Sticks
22 oz pkg

499

GREAT RECIPE IDEAS FROM SENTRY. EACH WEEK CHECK OUT A NEW "WHAT'S FOR DINNER?" RECIPE IDEA IN OUR AD OR AT SENTRYFOODS.COM

Cheesy Sausage & Pepper Skillet

what you need...

- 1 lb bulk Italian sausage
- 1 green or yellow bell pepper, cut into 1/2-inch pieces
- 1 lb (24 to 26 oz) minestrone sauce
- 1/2 cup water
- 2 cups (6 oz) shredded parmesan
- 1 container (15 oz) **Reggie's** whole milk or part skim ricotta cheese
- 1 cup freshly shredded **Reggie's** part skim mozzarella cheese
- 1/2 cup freshly grated **Reggie's** parmesan cheese
- 2 tsp. chopped Italian parsley

make it...

- Italian sausage with pepper in 12-inch skillet over medium heat until sausage is no longer pink, about 12 minutes. Pour off drippings.
- In medium sauce and water, bring to a boil. Stir in pepper, reduce heat to medium-low. Simmer, covered, until pasta is almost tender, stirring occasionally, about 15 minutes.
- cheeses and parsley, set aside.
- cheese mixture in 12 skillet on top of pasta mixture, bring to a boil. Reduce heat, simmer, covered, until pasta is tender and cheese is slightly melted, about 15 minutes. Garnish with additional grated parmesan cheese, as desired.

for people who know... **savings!**

Honey Maid Oreo Cookies or Honey Grahams
7-15.5 oz pkg, Selected Varieties
save up to 200 ct 2

2/598
or \$2.99 ea

Keebler Chips Deluxe or Sandies Cookies
11-14.8 oz pkg, Selected Varieties
save up to 380 ct 2

2/398
or \$1.99 ea

Charmin Ultra Soft Bounty Paper Towels or Charmin Bath Tissue
6 Big Roll or 8 Big Roll roll Paper Towels or 12 Double Roll or 6 Mega Roll roll, Selected Varieties Bath Tissue
save up to 400

699

Snuggly All Laundry Detergent, Snuggly Liquid Fabric Softener or Fabric Softener Sheets
32-50 oz btl or 24-80 ct pkg, Selected Varieties
save up to 620 ct 2

2/698
or \$3.49 ea

Barilla Ready Meals
9 oz pkg, Selected Varieties

2/498

Capri Sun Juice
10 ct pkg, Selected Varieties

2/498

Chicken of the Sea Solid White Tuna
5 oz can

3/399

Duncan Hines Cake Mix or Donut House K-Cups
16-16.5 oz box, Selected Varieties

4/5

Eight O'Clock or Donut House K-Cups
16 oz pkg or 8 ct pkg, Selected Varieties

499

Healthy Life Bread or Buns
16 oz pkg or 8 ct pkg, Selected Varieties

2/3

Hershey's Baking Mixes or Frosting
12.5-15 oz box or 16 oz pkg, Selected Varieties

2/398

Kashi Cereal
10-13.63 oz box, Selected Varieties

2/598

Kellogg's Pop-Tarts or Mini Crisps
20-32 oz box Pop-Tarts or 4.9 oz box Mini Crisps, Selected Varieties

2/498

McCormick Taco Seasoning
87-1.5 oz pkg, Selected Varieties

3/198

Old Orchard Apple Blends Juice
64 oz btl, Selected Varieties

2/398

Progresso Classics Soup
18-19 oz can, Selected Varieties

4/5

V-8 Fusion or Red Juice
46 oz btl, Selected Varieties

2/498

Cascade Dishwasher Detergent
20 oz btl, Selected Varieties

499

Down Dish Detergent
20 oz btl, Selected Varieties

329

Hefty Value Pack Waste Bags
16-65 ct bag, Selected Varieties

699

Kleenex Facial Tissue
60-225 ct box, Selected Varieties

2/298

Ziploc Sandwich Bags
100-120 ct box

2/598

Ziploc Storage Bags
100-120 ct box

2/598

WholeCarePet Cat Litter
14 lb jug, Scented or Unscented Scoop

449

for people who know... **frozen!**

GOOD ONLY AT SENTRY STORES EXPIRES 01/22/14 RIV-50

FREE

(up to \$2.50)

Healthy Choice®

Modern Classics, Traditional Classics, Cafe Steamer® or Greek Frozen Yogurt 3-pack when you buy **FOUR (4)** (any combination)

LIMIT ONE COUPON PER PURCHASE. ANY OTHER USE CONSTITUTES FRAUD. Void if sold, copied, transferred, altered, prohibited or restricted. Good only in the USA and APO/FPO post office addresses. Consumer No other coupon may be used with this coupon. Consumer pays any sales tax. ©2013 Sentry Foods, Inc. All Rights Reserved.

PLU 1877

Sentry

Healthy Choice Cafe Steamers or Dinners
9.5-12.5 oz pkg, Selected Varieties
save up to 476 ct 4

4/10
or \$2.50 ea

Palermo's Flatbread or Pizzeria Pizza
8-12.24 oz pkg, Selected Varieties

2/898

Birds Eye Steamfresh Premium Vegetables
10-16 oz pkg, Selected Varieties

2/298

New York Cheese Toast or Dip 'n Sticks
10-16 oz bag, Selected Varieties

2/598

Van De Kamp's Fish
14-24.6 oz box, Selected Varieties

2/798

Rhodes Rolls
19-48 oz bag, Selected Varieties

2/698

Aunt Jemima Waffles
12.3 oz pkg, Blueberry, Butter Pecan or Homestyle

4/5

for people who know... dairy!

for people who know... deli!



for people who know... bakery!



for people who know... savings!



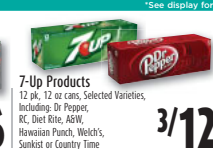
Floral items may not be available until Saturday. Items may not be available in all stores.

for people who know... floral!



for people who know... beverages!

Please note any promotion on liquor items available only at stores with liquor departments! *See display for details.



Sentry

GET STUFFED sale!

always
BEST • MEAT
in town
FOR OVER 40 YEARS

prices effective January 16 thru January 22, 2014



2.29
lb

Stuffed Boneless,
Skinless Chicken
Breasts
Sentry USDA Inspected
save up to .70 lb



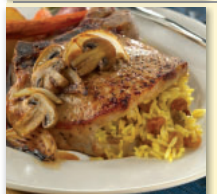
2.49
lb

Stuffed Boneless
Pork Chops
Sentry USDA Inspected
Tender and Juicy
save up to 1.80 lb



3.79
lb

Angus Beef
Stuffed Boneless
Cube Steak
Sentry USDA Choice
save up to 1.20 lb



2.29
lb

Stuffed Rib
Pork Chops
Sentry USDA Inspected
Tender and Juicy
save up to 1.60 lb



2.99
lb

Stuffed
Peppers
Sentry USDA Inspected
save up to 1.30 lb



3.99
lb

Thin Sliced
Stuffed
Top Round
Sentry USDA Choice
save up to 3.00 lb



2.19
lb

Stuffed Pork
Shoulder Blade Steak
Sentry USDA Inspected
save up to .80 lb



2/7

Barber Stuffed
Chicken Breast
10 oz pkg,
Selected Varieties
save up to 3.58 on 2

Sentry

for people who...
...know coupons!

prices effective January 16 thru January 22, 2014

extra savings coupon

Effective January 16- January 22, 2014

PLU 1870



2/3.98

Minute Maid
Pure Squeezed Juice
59 oz btl,
Selected Varieties

Sentry

Good only at Sentry. MUST BUY 2. Limit one offer per coupon.
Limit one coupon per customer. Coupon may not be doubled. Void if copied.

extra savings coupon

Effective January 16- January 22, 2014

PLU 1871



6/9

Lean Cuisine
Simple Favorites
5.25-11.5 oz box,
Selected Varieties

Sentry

Limit 6 with coupon. Limit 1 coupon per customer per household.
Good only at Sentry.

extra savings coupon

Effective January 16- January 22, 2014

PLU 1872



5/4

Campbell's
Chicken Noodle
or Tomato Soup
10.75 oz can

Sentry

Limit 5 with coupon. Limit 1 coupon per customer per household.
Good only at Sentry.

extra savings coupon

Effective January 16- January 22, 2014

PLU 1873



5/9

Post
Honey Bunches
of Oats Cereal
14.5-17 oz box,
Selected Varieties
or 18 oz box Vanilla Bunches

Sentry

Limit 5 with coupon. Limit 1 coupon per customer per household.
Good only at Sentry.

extra savings coupon

Effective January 16- January 22, 2014

PLU 1874



BUY ONE GET ONE FREE

Brownberry
Wide Pan
Bread
24 oz loaf,
Selected Varieties

Sentry

Limit 1 Free with coupon. Limit 1 coupon per customer per household.
Good only at Sentry.

extra savings coupon

Effective January 16- January 22, 2014

PLU 1875



99¢

Coke
Products
2 ltr btl,
Selected Varieties

Sentry

Limit 3 with coupon. Limit 1 coupon per customer per household.
Good only at Sentry.



prices effective January 16 thru January 22, 2014

PLAYOFF PARTY HEADQUARTERS



Tostitos
Tortilla Chips
or Salsa
9-13 oz bag,
Selected Varieties

2/5⁹⁸



Red Baron
12 Inch Pizza
14.76-22.63 oz pkg,
Selected Varieties

3/9



Sargento
String Cheese
9-12 oz pkg,
Selected Varieties

3⁴⁹



Dean's
Ice Cream
4.5 qt pail,
Selected Varieties

4⁴⁹



STOCK UP AND SAVE on all your Game Day Essentials

©2014 Unilever INT 122954



2/4⁹⁸

I Can't Believe
It's Not Butter!
8 oz spray btl or
12-16 oz pkg,
Selected Varieties



2/6⁹⁸

Klondike or
Good Humor
Novelties
6 ct pkg,
Selected Varieties



Breyers
Ice Cream
48 oz ctn,
Selected Varieties

2/6⁹⁸

Hellmann's
Mayonnaise
30 oz jar,
Selected Varieties



2⁹⁹

Dove
Body Wash
or Axe
Shower Gel
12-13.5 oz btl or 1 ct tool,
Selected Varieties



3⁹⁹



3/4⁹⁸

Ragu
Pasta Sauce
16-24 oz jar,
Selected Varieties

GOOD ONLY AT SENTRY STORES COUPON EXPIRES: 1/22/14

SAVE \$3

INSTANTLY when you purchase
6 participating Unilever products

I Can't Believe It's Not Butter!, Klondike, Good Humor Novelties, Breyers Ice Cream,
Hellmann's Mayonnaise, Dove Body Wash, Axe Shower Gel or Ragu Pasta Sauce

PLU 1876

Good only at SENTRY STORES.
Limit one coupon per purchase. May not be
used in conjunction with any other coupon.

Sentry

Make Our Private Brands *Your Brands* and *Save!*



Essential Everyday
Pasta
32 oz pkg, Selected Varieties

2/2⁹⁸



Essential Everyday
Oil
48 oz btl, Assorted Varieties

2/4⁹⁸



Essential Everyday
Whipped Topping
8 oz bowl, Selected Varieties

89¢



Essential Everyday
Dog Biscuits
24 oz box, Large, Medium or Multi

1⁸⁹



Essential Everyday
Pourable Dressing
16 oz btl, Selected Varieties

3/4⁹⁸



Essential Everyday
Peanut Butter
18 oz jar, Creamy, Chunky or Reduced Fat

1⁷⁹



Essential Everyday
Cream Cheese
8 oz pkg, Selected Varieties

2/1⁹⁸



Essential Everyday
Bleach
64 oz btl, Regular, Lemon or Lavender

1⁴⁹