Sentry

USE ONE OR BOTH SUPER COUPONS WITH SEPARATE $10 PURCHASE

SUPER COUPON

Effective February 28 - March 6, 2013

PLU 1237

1.99 lb
Center Cut Rib Pork Chops
Sentry Tender and Juicy Regular or Stuffed, USDA Inspected

WITH SEPARATE $10 PURCHASE

Sentry

Limit 2 pkgs with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

SUPER COUPON

Effective February 28 - March 6, 2013

PLU 1238

1.99 lb
Red Seedless Grapes
Imported

WITH SEPARATE $10 PURCHASE

Sentry

Limit 1 coupon per customer per household. Good only at Sentry.

USE ONE OR BOTH SUPER COUPONS WITH SEPARATE $10 PURCHASE

2.99 lb
85% Lean Ground Chuck
Sentry USDA Inspected
Sold in 3 lb pkg
save up to .90 lb

6.99 lb
Angus Beef Semi-Boneless Rib Steaks or Roast
Sentry USDA Choice
save up to 5.00 lb

1.99
Red Ripe Strawberries
1 lb pkg
save up to 1.00

5/3 or .60 ea
Florida Bi-Color Sweet Corn
New Crop
save up to .29

5/10 or 2.00 ea
Hot, Lean or Croissant Pockets or Subs
6.5-10 oz box, Selected Varieties
save up to 7.25 on 5

5/5 or 1.00 ea
Birds Eye Steamfresh Vegetables or Rice
10-12 oz bag, Selected Varieties
save up to 4.75 on 5

3/10 with in-ad coupon on page 4
7Up Products
12 pk/12 oz cans, Selected Varieties, Including Dr Pepper, RC, Diet Rite, A&W, Squirt, Hawaiian Punch, Welch's, Sunkist, or Country Time

19.99
Miller Lite
30 pk/12 oz cans
save up to 12.00 with mail-in rebate see display for details

extra savings coupon Effective February 28 - March 6, 2013

PLU 1239

3/4.98
Palermo's Classics Pizza
12.7-14.6 oz pkg, Selected Varieties

Sentry

Limit 3 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

extra savings coupon Effective February 28 - March 6, 2013

PLU 1240

10/5
Yoplait Light or Thick & Creamy Yogurt
6 oz ctn, Selected Varieties

Sentry

Limit 10 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

extra savings coupon Effective February 28 - March 6, 2013

PLU 1241

2/4.98
Stone Ridge Ice Cream Scround
48 oz pkg, Selected Varieties

Sentry

Limit 2 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

extra savings coupon Effective February 28 - March 6, 2013

PLU 1242

2/3.98
Essential Everyday Orange Juice
64 oz ctn, Selected Varieties

Sentry

Limit 2 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

extra savings coupon Effective February 28 - March 6, 2013

PLU 1243

2/4.98
Nabisco Chips Ahoy!
9.5-14 oz pkg, Selected Varieties

Sentry

Limit 2 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

extra savings coupon Effective February 28 - March 6, 2013

PLU 1244

2/3.98
Xtra Liquid Laundry Detergent
62.5-75 oz btl, Selected Varieties

Sentry

Limit 2 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

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for people who know... **meat!** product of U.S.A.

BEST MEAT in town!

Whole Smart Chicken
Sentry USDA Inspected
1.99 lb
save up to 50 lb

Meatloaf Mix
USDA Inspected
3.29 lb
save up to .70 lb

Southern Style Ribs or Sirloin End Roast
Sentry Tender and Juicy US Inspected
2.49 lb
save up to 1.30 lb

St. Louis Style Pork Spareribs
Sentry Tender and Juicy USDA Inspected
2.79 lb

Lamb Loin Chops
Sentry USDA Choice
9.99 lb

Hormel Pork Roast
1.5 lb pkg, Flavored, Selected Varieties
4.49

Farmland Smoked Dinner Sausage
14 oz pkg, Selected Varieties
2.79

Farmland Sliced Lunchmeat
10 oz pkg, Selected Varieties
2/5

Tyson Family Pack Appetizers, Strips or Chicken Entrees
22-28.05 oz pkg, Selected Varieties
7.99

Bar S Franks
16 oz pkg, Selected Varieties
2/3

Buddig Thin Sliced Lunchmeat Tubs
7-9 oz pkg, Selected Varieties
2/5

El Monterey Burritos
32 oz pkg, Selected Varieties
2/7

for people who know... **seafood!**

5.99 lb
Fresh Bay Scallops
save up to 1.00 lb

Fresh Salmon Fillets **7.99 lb**

Supreme Choice Cooked Shrimp
Peeled and Deveined, Tail on or Off, 41-50 Count, 2 lb pkg
13.99

Icelandic Breaded Crab Cakes
6 oz pkg
2/5

BEST PICKED PRODUCE

for people who know... **produce!**

Green Asparagus
NEW CROP!
2.99 lb
save up to 2.00 lb

Driscoll's Raspberries
6 oz pkg
2.99
save up to 2.00

Green Giant Russet Potatoes
10 lb bag
2.99
save up to 1.00

Nature Sweet Cherub Tomatoes
10.5 oz pkg
2.99

Washington Fuji or Braeburn Apples
1.29 lb

Imported Cantaloupe or Honeydew Melon
2.99 ea

Cara Cara Seedless Pink Navel Oranges
69¢ ea

Ripe Hass Avocado
99¢ ea

Southern Grown Sweet Potatoes
69¢ lb

Jumbo Green Bell Peppers
1.29 lb

for people who know... **savings!**

save everyday

Colgate Toothpaste
6.4 oz pkg, Selected Varieties
1.99

Crest Pro Health Rinse
33.8 oz btl, Selected Varieties
4.99

Pantene Shampoo or Conditioner
12.6 oz btl, Selected Varieties
3.99

Tampax or Always Radiant Pantiliners
12-64 ct pkg, Selected Varieties
3.99

Gillette Disposable Razors
10-13 ct pkg, Selected Varieties
7.79

ZzzQuil Nighttime Sleep-Aid
6 oz or 12 ct pkg, Selected Varieties
4.29

save everyday on over 2800 items!

for people who know... **savings!**

save everyday

StarKist Chunk Light Tuna
5 oz can, In Water or Oil
99¢
save up to 20¢

Kraft Salad Dressing
14-16 oz btl, Selected Varieties
2/2.98 or 1.49 ea
save up to 4.32 on 2

Keebler Graham Crackers, Right Bites or Town House Crackers
4.24-16 oz box, Selected Varieties
2/4.98 or 2.49 ea
save up to 2.60 on 2

Doritos, Frito Lay Cheetos & Fritos
9-11.5 oz bag, Selected Varieties
2/5.98 or 2.99 ea
save up to 2.60 on 2

Kellogg's Pop•Tarts or Mini Crisps
20.3-22 oz box Pop-Tarts or 4.86-4.9 oz box Mini Crisps, Selected Varieties
2/4.98 or 2.49 ea

Kellogg's Cereal
14.7 oz Frosted Flakes w/Palm Less Sugar, 15 oz Frosted Flakes, 13-17.1 oz Raisin Selected Favorites or 12 oz Scooby Doo Multigrain, 10 oz Corn Flakes, 10.7 oz Cinnamon Jacks, 17.2 oz Froot Loops or Apple Jacks, 12.5 Corn Pops or 15.5 oz Cocoa Krispies
4/10

Quaker Real Medleys 2.46-2.75 oz, Selected Varieties **2/2.98**

Quaker Perfect Portions
12.7 oz pkg, Selected Varieties
2/3.98

Crystal Brown or Powdered Sugar
2 lb bag, Selected Varieties
1.89

Crystal Granulated Sugar
4 lb bag
2.69

Gevalia Coffee
12 oz pkg, Selected Varieties
6.49

Progresso Soup
18.5 oz can, Selected Light Varieties
4/6

Newman's Own Pasta Sauce
15-24 oz jar, Selected Varieties
2.19

Gatorade Thirst Quencher
32 oz btl, Selected Varieties
5/5

Capri Sun Juice
10 pk box, Selected Varieties
2/4.98

Langers Apple Juice Blends
64 oz btl, Selected Varieties
2/3.98

Campbell's Condensed Soup
10.5-11.5 oz can, Selected Varieties
4/5

Zatarain's Rice-Side Dishes
5.7-8 oz box, Selected Varieties
5/5

Chi Chi's Tortilla Chips
20 oz bag, Authentic or Round
2/5.98

Emerald Deluxe Canister Nuts
11 oz canister, Selected Varieties
4.99

Shoppers Value Pretzels
10-15 oz bag, Selected Varieties
4/5

Bounty Paper Towels
8 roll pkg, Selected Varieties
6.99

Puffs Facial Tissue
56 ct box, Ultra or Plus
5/5

for people who know... **frozen!**

Lean Cuisine Culinary or Spa Collections
6-10.87 oz pkg (Excludes Simple Favorites and Dinner Time Selects)
4/10 or 2.50 ea
save up to 3.16 on 4

Totino's Pizza Rolls
19.8 oz pkg, Selected Varieties
4/10

Bellatoria Pizza
14.76-21.71 oz pkg, Selected Varieties
2/9.98

Cole's Garlic Bread, Toast or Breadsticks
10.5-16 oz bag, Selected Varieties
2/3.98

Green Giant Valley Fresh Steamers with Sauce & Selects
11-12 oz bag, Selected Varieties
3/4.98

Van De Kamp's Fish
14-24.6 oz box, Selected Varieties
3.99

Kellogg's Eggo Waffles
10.7-12.6 oz box, Selected Varieties
2/3.98

Dean's Novelties or Ice Cream
6 ct pkg or pints, Selected Varieties
2/2.98

See In Store Savings Guide For Sweepstakes Entry Form.

GREAT RECIPE IDEAS FROM SENTRY. EACH WEEK CHECK OUT A NEW "WHAT'S FOR DINNER" RECIPE IDEA IN OUR AD OR AT SENTRYFOODS.COM

Tex-Mex Flatout Thin Crust Pizza

what you need...

- 1 **Flatout® Light Flatbread**
- 1 tsp olive oil cooking spray
- 1/4 lb Extra Lean Ground Beef
- 2 tsp Taco Seasoning
- 2 Tbs Water
- 2 Tbs Salsa
- 1/4 Cup **Essential Everyday Shredded Mexican Blend Cheese**
- Shredded Lettuce
- 1/4 Cup Diced Tomatoes
- 1 Tbs Fat Free Sour Cream

make it...

cook lightly oiled Flatout in 350°F oven directly on grate for 7 minutes, remove from oven. On stove, brown ground beef in a skillet over medium-high heat; drain.

stir in taco seasoning and water. Cook 2-3 minutes or until liquid absorbed. On the Flatout, layer salsa, meat and cheese. Return to oven and cook 7 more minutes. Remove and cut into wedges.

top with lettuce, a dollop of sour cream and tomatoes. Serves 2.

Find us on Pinterest

Good things come in new packages.

Essential EVERYDAY

We have something new and exciting on our shelves; **Essential Everyday** products! Our store brand products have a new look and new name with the same national-brand quality you have always known and trusted.

Real Savings. Highest Quality. Every Day.

for people who know... dairy!

2/2.98 or 1.49 ea
Dean's Sour Cream or Dizzz
16 oz ctn, Selected Varieties
save up to 1.40 on 2

3.99
Kraft American Singles
16 oz pkg, Individually Wrapped

2/4.98
Dole Juice Blends
59 oz ctn, Selected Varieties

5/5
Dannon Oikos Yogurt
5.3 oz ctn, Selected Varieties

1.89
Coffee-Mate Flavored Creamers
16 oz ctn, Selected Varieties

2/2.98
Parkay or Fleischmann's Spread
11.8-16 oz pkg, Selected Varieties

3.49
Frigo Cheese Head String Cheese
10 oz pkg, Selected Varieties

for people who know... deli!

5.49 lb
Kretschmar Ham off the Bone
Smoked or Honey
save up to 1.00 lb

7.99 lb
Kretschmar Beef Off the Bone
Angus Roast Beef

6.99
8 Piece Crispy Fried Chicken
Hot and Ready to Eat!

5.49 lb
Cady Creek Deli Cheese
Jack, Cheddar or Colby

2.49 lb
Mrs. Gerry's Macaroni & Cheese
Deli Fresh

2.99
Flatout Bread
5-7 ct pkg, Selected Varieties

1.79 lb
Garden Fresh Potato Salad
American, German or Mustard Potato Salad

for people who know... bakery!

2.79
Grebe's Whole Wheat Bread
16 oz loaf
save up to .50

2.79
Apple or Cherry Turnovers
3 ct pkg, Bakery Fresh

3.99
Apple Pie
8 Inch, Bakery Fresh

4.99
Grebe's Chocolate Dipped Cookies
8 ct pkg, Chocolate Chip or Peanut Butter

2.49
Grebe's Plain or Sesame Kaiser Rolls
6 ct pkg

Floral items may not be available until Saturday.
Items may not be available in all stores.

for people who know... floral!

4.99
Calandiva
In Wrap

29.99
Ivy Topiary
With Saucer

7.99
Welcome Spring Bouquet
10 Stem

for people who know... beverages!

Please note any promotion on liquor items available only at stores with liquor departments!
*See display for details

5/5
7Up Ten Products
2 ltr btl, 7 Up, Dr Pepper, RC, Sunkist, A&W or Canada Dry

6.79
Coke Products
24 pk/12 oz cans, Selected Varieties

extra savings coupon — Effective February 28 - March 6, 2013

PLU 1245

3/10
7Up Products
12 pk/12 oz cans, Selected Varieties, Including Dr Pepper, RC, Diet Rite, A&W, Squirt, Hawaiian Punch, Welch's, Sunkist, or Country Time

Sentry — Must buy 3. Limit 3 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

3/12
Pepsi or Mountain Dew Products
12 pk/12 oz cans, Selected Varieties

3/10.98
Pepsi, Mountain Dew or Aquafina
6 pk/24 oz btls, Selected Varieties

13.79
Milwaukee's Best
30 pk/12 oz cans

10.39
Bud Light Lime, Bud Platinum, Black Crown or Michelob Ultra
12 pk/12 oz btls

*Save up to 12.00 with mail-in rebate

19.29
Coors Light
30 pk/12 oz cans

13.79
Natural Light or Natural Ice
30 pk/12 oz cans

13.79
Keystone Light or Keystone Ice
30 pk/12 oz cans

7.09
Mike's Hard Lemonade
6 pk/11.2 oz btls, Selected Varieties

10.99
Yellow Tail
1.5 ltr btl, Selected Varieties Including Shiraz

*Save 2.00 Instantly on Floral

7.99
Sutter Home
1.5 ltr btl, Selected Varieties

4.99
Lindenman's
750 ml btl, Selected Varieties

18.99
Svedka Vodka
1.75 ltr btl

15.99
Rum Chata
750 ml btl

Limit Rights Reserved. Some Items or Varieties Not Available In All Stores. We Reserve the Right To Limit Quantities And Correct All Printed Errors.

Sentry

3 DAY sale

THURS, FRI & SAT
FEB 28TH, MAR 1ST & 2ND

3 DAY SALE COUPON

Prices Good THURS, Feb. 28, FRI, Mar. 1 & SAT, Mar. 2 ONLY!

PLU 801

LIMIT 2 pkgs

99¢ lb

Family Pack
Split Chicken Breasts
Sentry US Inspected

Sentry

Limit 2 pkgs with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

3 DAY SALE COUPON

Prices Good THURS, Feb. 28, FRI, Mar. 1 & SAT, Mar. 2 ONLY!

PLU 802

save up to 30 lb with coupon

39¢ lb

Dole

Bananas

Sentry

Limit 1 coupon per customer per household. Good only at Sentry.

3 DAY SALE COUPON

Prices Good THURS, Feb. 28, FRI, Mar. 1 & SAT, Mar. 2 ONLY!

PLU 803

LIMIT 1

99¢

Sentry
Large Eggs
1 dozen ctn

Sentry

Limit 1 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

3 DAY SALE COUPON

Prices Good THURS, Feb. 28, FRI, Mar. 1 & SAT, Mar. 2 ONLY!

PLU 804

save up to 2.99 on 3 with coupon

LIMIT 3

WISCONSIN MADE

3/4.98

Essential Everyday
Butter
1 lb pkg

Sentry

Limit 3 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

3 DAY SALE COUPON

Prices Good THURS, Feb. 28, FRI, Mar. 1 & SAT, Mar. 2 ONLY!

PLU 805

save up to 50¢ with coupon

LIMIT 2

2.99

Super Chill
Spring Water
24 pk, .5 ltr btls

Sentry

Limit 2 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

3 DAY SALE COUPON

Prices Good THURS, Feb. 28, FRI, Mar. 1 & SAT, Mar. 2 ONLY!

PLU 806

save up to 1.00 with coupon

LIMIT 2

5.99

Charmin
Bath Tissue
12 Double or 6 Mega Roll pkg, Selected Varieties

Sentry

Limit 2 with coupon. Limit 1 coupon per customer per household. Good only at Sentry.

prices effective February 28 thru March 6, 2013

3.49 lb
Angus Beef Boneless Rump Roast
Sentry USDA Choice
save up to 1.30 lb

3.79 lb
Angus Beef Boneless Round Steak
Sentry USDA Choice
save up to 1.20 lb

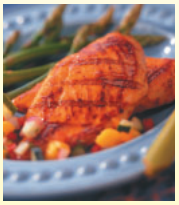
6.99 lb
Angus Beef Boneless Flat Iron Steak
Sentry USDA Choice
save up to 2.00 lb

3.99 lb
Angus Beef Boneless Beef Stew Meat or Boneless Beef Short Ribs
Sentry USDA Choice
save up to 1.30 lb

2.99 lb
Boneless Pork Backribs or Ribs on a Stick
Sentry Tender and Juicy
USDA Inspected
save up to 2.00 lb

1.79 lb
Pork Tenderloin Tips
Sentry Tender and Juicy
USDA Inspected
save up to .80 lb

2.29 lb
Boneless, Skinless Chicken Breasts
Sentry USDA Inspected
save up to 1.20 lb



2.99 lb
Boneless, Skinless Marinated or Hand Trimmed Chicken Breasts
Sentry USDA Inspected
save up to 1.00 lb