

for people who know... **meat!** product of U.S.A.

3.99 lb Angus Beef Boneless Eye of Round Steak or Roast Sentry USDA Choice save up to 1.50 lb	6.99 lb Trimmed Whole or Half Beef Tenderloins Sentry USDA Inspected save up to 1.50 lb	2.79 lb St. Louis Style Pork Spareribs Sentry USDA Choice save up to 1.50 lb	3.99 lb Angus Beef Boneless Cube Steak or Beef Stew Sentry USDA Choice save up to 1.00 lb
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3.79 lb Angus Beef Boneless Bottom Round Steak or Roast Sentry USDA Choice	3.49 lb Hormel Cure 81 Boneless Hams Selected Varieties	1.29 lb Chicken Drumsticks or Thighs Sentry USDA Grade A	9.99 lb Lamb Loin Chops Sentry USDA Choice	7.99 lb Beef Tenderloin Steaks Sentry USDA Inspected	1.29 lb Jennie-O or Farm Fresh Turkeys USDA Inspected, Frozen
5.99 ea El Monterey Snacks Selected Varieties	3.49 ea Hillshire Farm Cooked Bratwurst or Smoked Dinner Sausage 13-14 oz pkg, Selected Varieties	3.49 ea Oscar Mayer Beef or Cheese Wieners 14-16 oz pkg, Selected Varieties	2/3 ea Bar S Sliced Bologna 16 oz pkg, Selected Varieties	3.99 ea Oscar Mayer Sliced Bacon 12-16 oz pkg, Selected Varieties	5.99 ea Sheboygan Wieners or Cooked Bratwurst 24 oz pkg, Selected Varieties, Family Pack

for people who know... **dairy!**

2/4.98 ea

Sargento Shredded Cheese
5-8 oz pkg, Selected Varieties
save up to 300 on 2

2/4.98 ea

Crystal Farms Butter
1 lb pkg, quaters

2/3.98 ea

Daisy Sour Cream
16 oz ctn, Selected Varieties

2/4.98 ea

Dean's Cottage Cheese
24 oz ctn, Selected Varieties

5/5 ea

Dannon Oikos Yogurt
5.3 oz ctn, Selected Varieties

2/3.98 ea

Philadelphia Cooking Cream
10 oz tub, Selected Varieties

save everyday on over **2800 items!**

2/4.98 ea

Nabisco Chips Ahoy! Cookies or Toasted Chips
8.1-14 oz pkg, Selected Varieties
save up to 2.00 on 2

2/5.98 ea

Kellogg's Special K or Fiber Plus Cereal
11.2-19.5 oz box, Selected Varieties

5/4 ea

Campbell's Canned Pasta
14.75-15 oz can, Selected Varieties

2/4.98 ea

Capri Sun Juice or Cider
64 oz btl, Apple

6.99 ea

Green Mountain K Cups
4.02-4.87 oz pkg, Selected Varieties

2/3.98 ea

Chi Chi's Tortilla Chips
11-12 oz bag, Selected Varieties

3/4.98 ea

Shoppers Value Salty Snacks
9-12 oz bags, Selected Varieties

for people who know... **savings!**

2/4.98 ea

Keebler Special K Crackers, Fiber Plus Bars or Special K Bars
4-10 oz box, Selected Varieties
save up to 2.60 on 2

2/4.98 ea

Essential Everyday Oil
48 oz btl, Assorted Varieties

2/4.98 ea

C & H Granulated Sugar
4 lb bag

2/3.98 ea

C & H Brown or Powdered Sugar
2 lb bag, Selected Varieties

2/3.98 ea

Brownberry Dutch Country Bread
22-24 oz loaf, Selected Varieties

5/5 ea

Scotties Facial Tissue
76-120 ct box

save everyday

5.99 ea

Angel Soft Bath Tissue or Sparkle Paper Towels
8 Triple Roll, 12 Double Roll or 24 Regular Roll pkg Bath Tissue or 6 Big Roll or 8 Reg Roll pkg Paper Towels
save up to 3.00

2/9.98 ea

Palermo's Naturally Rising Rustico or Hand Tossed Style Pizza
19.9-32.25 oz pkg, Selected Varieties

4/10 ea

Lean Cuisine Salad Additions
7.12-12.25 oz box, Selected Varieties

2/3.98 ea

Cole's Garlic Bread, Toast or Breadsticks
10.5-16 oz bag, Selected Varieties

2/5.98 ea

Haagen Dazs Ice Cream or Bars
14 oz ctn or 3 ct bars, Selected Varieties or Edy's Fruit Bars, 6-12 ct pkg, Selected Varieties

3.99 ea

Blue Bunny Premium Ice Cream
56 oz pkg, Selected Varieties

for people who know... **frozen!**

5/10 ea

Hot, Lean, or Croissant Pockets or Subs
6.5-10 oz box, Selected Varieties Hot, Lean, Croissant Pockets, Subs, or Snacks
save up to 7.25 on 5

69¢ ea

Essential Everyday Spinach
10 oz box, Chopped or Leaf

2/2.98 ea

Old Orchard Frozen Juice Blends
12 oz can, Selected Varieties

GREAT RECIPE IDEAS FROM SENTRY. EACH WEEK CHECK OUT A NEW "WHAT'S FOR DINNER" RECIPE IDEA IN OUR AD OR AT SENTRYFOODS.COM

Crunchy Orange Fish Fillets

what you need...

- 1 pound fish fillets, fresh or frozen thawed
- 2 cups Kellogg's® Special K® Original cereal
- 1/4 teaspoon grated orange rind
- 1/2 teaspoon salt
- 1/4 teaspoon dried tarragon leaves
- 1/8 teaspoon pepper
- 1/4 cup chopped parsley
- 1/4 cup butter or margarine, melted

make it...

pat fish fillets with paper towel. Set aside.

place Kellogg's® Special K® cereal in a shallow dish or pan. Stir in orange rind, salt, tarragon, pepper and chopped parsley.

dip fish fillets in melted margarine. Coat with cereal mixture. Place in a single layer in a foil-lined shallow baking pan.

bake at 375° F about 25 minutes or until fish flakes easily with a fork. Do not cover or turn fish while baking. For food safety, the internal temperature of the fish should be a minimum of 145°F. Serve with orange slices.

Good things come in new packages.

We have something new and exciting on our shelves; **Essential Everyday** products! Our store brand products have a new look and new name with the same national-brand quality you have always known and trusted.

Real Savings. Highest Quality. Every Day.

for people who know... *produce!*

 BEST PICKED PRODUCE Tommy Atkins Mangoes save up to 100 99¢	 Washington Fuji or Braeburn Apples save up to 50 lb 149 lb	 Washington Pink Lady Apples save up to 50 lb 199 lb
 Green Giant Sweet Baby Supremes 12 oz pkg 149	 Dole Salad Mixes 5-12 oz bag, Selected Varieties 2/5	 Nature Sweet Cherub Tomatoes 10.5 oz pkg 299
 Jumbo Red or White Onions 89¢ lb	 Idaho Baking Potatoes 33¢ lb	 NEW CROP! Imported Peaches or Nectarines 199 lb

for people who know... *savings!*

 Crest Toothpaste 5.8-6.2 oz pkg, Selected Varieties save up to 40 359	 Fructis Hair Care 5.1-13 oz pkg, Selected Varieties save up to 78 349	 Old Spice Deodorant or Antiperspirant 3-3.25 oz pkg, Selected Varieties save up to 70 249
 Crest Pro Health Rinse 33.8 oz btl, Selected Varieties 499	 Alka Seltzer Antacid Tablets 24-36 ct pkg, Regular, Extra Strength or Lemon Lime 399	 Pepto-Bismol 12-30 ct or 8 oz btl, Selected Varieties 349
Slim-Fast Meal Bars or Ready to Drink Shakes 5 pk bars or 4 pk, 10 oz btl, Selected Varieties 549		

Floral items may not be available until Saturday.
Items may not be available in all stores.

for people who know... *floral!*

 Combo Garden With Blooming and Foliage 1499	 Potted Calla Lily in Wrap 999	 Warm Thoughts Bouquet 12 Stem 899
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for people who know... *beverages!*

Please note any promotion on liquor items available only at stores with liquor departments!
*See display for details

 Pepsi or Mountain Dew Products 12 pk, 12 oz cans, Selected Varieties 3/12	 Pepsi, Mountain Dew or Aquafina 6 pk, 24 oz btl, Selected Varieties 4/14	 7-Up Products 6 pk, 5 flr btl, Selected Varieties Including Dr Pepper, RC Cola, Diet Rite, Country Time, ASVL, Squirt, Sunkist or Welch's 4/10
 Budweiser or Bud Light 20 pk, 12 oz cans 1429	 Miller Lite, Genuine Draft or Aquafina 18 pk, 12 oz cans 1699	 Stella Artois 12 pk, 11.2 oz btl 1379
 Coors Original or Light 12 pk, 12 oz cans 859	 Keystone Blue Moon or Botch 19 12 pk, 12 oz btl, Selected Varieties 1379	 Sam Adams 12 pk, 12 oz btl, Selected Varieties 1349
 Fetzer 750 ml btl, Selected Varieties 749	 Sutter Home 750 ml btl, Selected Varieties 899	 Mr. & Mrs. T's Bloody Mary Mix 1.75 flr btl, Regular or Spicy 549

save everyday **2800** ON OVER items!
 prices good through 4/26/2013
 Special allowances we receive from the manufacturers and pass on to you.
 Look for these tags in store and save.

prices effective January 24 thru January 30, 2013

	12⁹⁹ Cottonelle Bath Tissue 18 ct Double Roll pkg, Regular or Ultra
	2/5 Essential Everyday Cereal box, Selected Varieties
	1⁹⁹ Juicy Juice Fun Size 33.84 oz box, Selected Varieties
	4/5 Banquet Meals 5-10.25 oz box, Selected Varieties (Excludes Banquet Select Recipes)
	2/4 Birds Eye Steamfresh Premium Vegetables 10-16 oz pkg, Selected Varieties
	5⁴⁹ Ore-Ida Frozen Potatoes 4-5 lb pkg, Selected Varieties
	4¹⁹ Sargento String Cheese 7.5-12 oz pkg, Selected Varieties
	2/1 Yotastic! Yogurt 6 oz ctn, Selected Varieties
	2/4 Coffee-Mate Flavored Creamers 16 oz ctn, Selected Varieties
	2/5 Mott's Applesauce 6 pk, Selected Varieties
	2²⁹ Barilla Plus Pasta 14.5 oz pkg, Selected Varieties
	4⁹⁹ Pillsbury Toaster Strudels 23 oz box, Cinnamon or Cream Cheese or Strawberry
	2/5 Aunt Jemima Family Breakfast 12.2-14.8 oz pkg, Selected Varieties
	2/5 Welch's Fruit Juice Cocktails 59 oz ctn, Selected Varieties

save everyday 2800 items!
 ON OVER!
 prices good through 4/26/2013
 Special allowances we receive from the manufacturers and pass on to you.
 Look for these tags in store and save.



prices effective January 24 thru January 30, 2013



2³⁹
 Parkay Spray
 8 oz btl



79¢
 Azteca
 Corn Tortillas
 6 oz pkg



5/5
 Kemp's
 Ice Cream Singles
 6 oz pkg, Selected Varieties



89¢
 Banquet Pot Pies
 or Fruit Pies
 7 oz box, Selected Varieties



2/5
 Essential Everyday
 Pizza Bites
 20 oz bag, Selected Varieties



7⁹⁹
 P.F. Chang's
 Frozen Meals
 22 oz pkg, Selected Varieties



2/4
 Henri's
 Salad Dressing
 16 oz btl, Selected Varieties



2/5
 V-8 Splash
 Juice
 64 oz btl, Selected Varieties



4⁹⁹
 Essential Everyday
 Olive Oil
 25.4 oz btl



6⁹⁹
 Java Delight
 10-12 oz pkg



4/5
 Carnation
 Evaporated Milk
 12 oz can, Selected Varieties



3⁶⁹
 Ovaltine
 Rich Chocolate
 12 oz canister



2⁶⁹
 Who Nu? Cookies
 11-15.7 oz pkg,
 Selected Varieties



2⁹⁹
 Nestle Fun Size Candy
 9.2-12.5 oz pkg,
 Selected Varieties



9⁹⁹
 Mars M&M
 Stand Up Pouch
 42 oz bag, Peanut
 or Milk Chocolate