



# COUNTY OF KENOSHA

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## FOR IMMEDIATE RELEASE

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## HEAT ADVISORY FOR KENOSHA COUNTY

Kenosha – July 18, 2011 – The National Weather Service has issued a Heat Advisory for Kenosha County until 10:00 p.m. tonight. A heat advisory means that temperatures will reach 90 degrees with heat index values of 95 to 105 degrees. When temperatures are above 90 degrees F, the following is recommended:

- Stay inside in an air-conditioned environment or in a cool basement.
- Slow down and reduce outdoor activities; if possible limit outdoor activities to early morning or evening.
- Drink plenty of cool, caffeine-free, non-alcoholic beverages.
- Wear light-weight and light-colored clothing.
- Use sunscreen if you will be exposed to the rays of the sun, and stay out of the direct rays of the sun.
- Never leave anyone alone in a closed, parked vehicle (including your pets).

The majority of heat-related deaths occur in vulnerable populations, which include the elderly, infants and children, people with chronic medical conditions, disabilities and special health care needs

Heat stroke is the most severe form of heat-related illness; heat stroke can cause death or permanent disability if emergency treatment is not provided. If you notice any of these signs of heat stroke lower the body temperature with liquids and a cool shower, and seek medical attention immediately:

- Extremely high body temperature (above 103°F) and rapid, strong pulse;
- Red-hot, dry skin;
- Throbbing headache, dizziness, confusion, and nausea.

Heat exhaustion is a milder form of heat-related illness. Heat exhaustion should also be treated with liquids and a cool shower. Symptoms of heat exhaustion include:

- Heavy sweating, muscle cramps, tiredness, weakness, dizziness, and nausea.

The following cooling centers are available:

<b>Dept/Agency</b>	<b>Address</b>	<b>Hours</b>
Kenosha Medical Center Campus	6308 8 <sup>th</sup> Ave	24-hr
St. Cat's Medical Center Campus	9555 – 76 <sup>th</sup> St	24-hr
Aurora Hospital	10400 75 <sup>th</sup> St	24-hr
Memorial Hospital of Burlington	252 McHenry St, Burlington	24-hr
Randall Town Hall	34530 Bassett Rd	8 – 5 M – F
Somers Town Hall	7511 12 <sup>th</sup> St	8 – 4:30 M – F
Twin Lakes. Village Hall	108 E. Main St	9 – 5 M – F
Kenosha County Job Center	8600 Sheridan Road	8 – 5 M – F
Kenosha County Center	Hwy 45 & 50, Bristol	7a – 10p M – F
American Red Cross	Sites as necessary	24-Hr

If you need transportation to a cooling center, shelter or assistance please call the Adult Crisis number at (262) 657-7188 or the Aging & Disability Resource Center at (262) 605-6646.

For health questions about the heat, call your health provider or Kenosha County Division of Health at (262) 605-6700 or (800) 472-8008.

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